



121 Red Arrows Squadron Royal Canadian Air Cadets
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ACTIVITY PERMISSION FORM

As the parent/guardian of a member of 121 Red Arrows Squadron your consent is required in order that your son/daughter/ward may participate in squadron activities. By signing this form, you are granting the Commanding Officer or appointed staff member permission to act on your behalf in case of emergency or injury, this may include but is not limited to authority to permit medical attention or medication until such time as you can be contacted. It is the responsibility of the parent/guardian to inform the squadron of any medical reason that may inhibit participation in an activity.

Activity: FTX "OPERATION PULANG PANA" Blue Springs Scout Camp			
OFFICER IN CHARGE: Capt Miller & Capt McQueen			
Permission form due:	14 May 2019	Pickup Time:	1730 HRS
Dates(s):	17-19 May 2019	Pickup Location:	Guelph Armoury
Start Time:	1730 HRS	Dress:	Civilian Attire/ Olive Green
Departure Location:	Guelph Armoury	Meals:	Provided
		Cost:	NIL
Notes:			

*****Cadets MUST be in possession of their Health Cards or they will NOT be able to attend*****
(cut here and return bottom portion)

Activity Name: FTX "OPERATION PULANG PANA" 17-19 May 2019

Permission: I hereby grant my permission for the cadet listed below to participate in the activity	
Cadet:	Flight:
Medical Information: Please advise the Squadron staff if there are any updated medical conditions or current medications that the cadet will be taking for the duration of this exercise.	
Food: Check if you cannot eat: <input type="checkbox"/> Meat <input type="checkbox"/> Pork <input type="checkbox"/> Beef <input type="checkbox"/> Cheese <input type="checkbox"/> Other	
Details if other:	
Name of Parent/Guardian	Contact number during activity
Signature of Parent / Guardian	Date

Annex G – Kit List

****PLEASE REMEMBER TO CHECK THE WEATHER PRIOR TO PACKING! It is critical that cadets bring weather appropriate attire****

CADETS SHALL BRING

- **Health Card**
- **Sleeping Bag**
- **Sleep Pad / air mattress**
- sweatshirt
- outdoor shoes / boots (2 pairs in case 1 gets wet)
- rain gear
- warm jacket
- shirt (3)
- pants (2)
- socks (4)
- hat
- undergarments (3)
- appropriate night attire (eg: pajamas)
- toothbrush
- toothpaste
- hairbrush
- deodorant
- pencil and paper
- prescription medication/glasses/contacts
- soap
- towel
- face cloth
- flashlight
- sunscreen
- daypack/backpack
- refillable water bottle

Optional:

- combat clothing (only olive green pattern)

- pillow

DO NOT BRING:

- Cellphones: cadets will not have access to power / charging stations during the weekend. It is highly discouraged to bring these devices due to the rugged/potentially wet conditions.
- 2-way radios (these will be provided as required)
- Other electronic devices such as IPODS, MP3 Players, stereos, game systems, curling irons, etc.
- Jewellery
- Knives, drugs, alcohol
- Money
- Food / Snacks / Beverages – we do not want to encourage furry friends to visit!