

# Training Expectations

**Basic Marksman Course (Army):** This three-week course introduces cadets with the fundamentals of air rifle marksmanship, building upon the knowledge gained at the corps level. Cadets develop skills through practical opportunities that expose them to marksmanship competition, sportsmanship and teamwork.

**Fullbore Marksman Phase I (Army):** This six-week course develops specialists with the attitude, skills and knowledge to compete in fullbore marksmanship. Cadets will have the knowledge and skill to participate as a largebore 5.56mm rifle competitor, and will also participate in the Canadian National Cadet Fullbore Championship.

**Fullbore Marksman Phase II (Army):** This seven-week course enables cadets to compete as part of a team in competitive fullbore marksmanship. Cadets will have the knowledge and skill to participate as a largebore 7.62mm rifle competitor and participate in a number of championships.

**National Rifle Team (Army):** This six-week course develops specialists with the attitude, skills, and knowledge to participate in a competitive team at the international level. Cadets will participate as a largebore 7.62mm rifle competitor. Cadets will also participate in the Canadian National Cadet Fullbore Championship and the United Kingdom's International Fullbore Championship in Bisley, England.

**Maple Leaf Exchange (Army):** This six-week exchange introduces cadets to the training of the Army Cadet Force in the United Kingdom in Wales, Scotland and England. Cadets will as have the opportunity to participate in cultural activities and tours.

**Army Cadet Voyage in History (Army):** This three-week tour provides up to 30 senior cadets the opportunity to tour a battlefield, and stand in the place where history was shaped. Cadets begin with at-home research in their community on a Canadian soldier, continue their research in the nation's capital, Ottawa, before undertaking a battlefield tour in Europe.

**Air Rifle Marksmanship Course (Air/Army/Sea):** This six-week course develops individual air rifle marksmanship and summer biathlon specialty skills. Cadets learn additional leadership and instructional skills that prepare cadets to support marksmanship and biathlon activities at the unit, regional, and CTC levels.



## Staff Employment Opportunities

The training centre is staffed by members of the Canadian Armed Forces regular force and reserves, as well as civilian members with special qualifications. These individuals provide the necessary training, supervision, and administration for the safe operations of cadet training.

Adult staff at cadet corps and squadrons are encouraged to apply for positions at the training centre in November and December. For reservists, it can be difficult to get a full 8 weeks of leave from a civilian employer, know that Connaught Cadet Training Centre is open to flexible or shorter employment options in some positions, particularly if availability matches course serial dates.

Please clearly indicate your availability, courses, and skillsets on your application.

## CONTACT INFORMATION

Duty Centre  
(July and August): 613-998-9068

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Facebook:  
[facebook.com/ConnaughtCadets](https://facebook.com/ConnaughtCadets)

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# CONNAUGHT CADET TRAINING CENTRE

## INFORMATION BROCHURE



**THIS INFO WILL HELP YOU PREPARE FOR SUMMER TRAINING.  
ANY QUESTIONS SPEAK TO YOUR LOCAL UNIT STAFF.**

**Training Schedule:** The training day is from 0600hrs (6 a.m.) to 1800hrs (6 p.m.) Monday through Saturday. After-hours, cadets can participate in recreational sports, buy snacks at the canteen, spend time with friends, or take an opportunity to call home. Cadets are expected to be back in their barracks by 2130hrs (9:30pm) for a final headcount before bed and lights out at 2200hrs (10pm).

**Sleeping Quarters:** Our sleeping quarters (company lines) are semi-permanent soft-wall shelters where you will be assigned a bunk bed and a locker. You will need to bring a combination lock to secure your locker. The training centre provides bedding, as well as a weekly linen exchange. You are responsible for making your bed and keeping the living space clean. There will be a daily inspection of your living quarters. Food is not permitted in the living quarters. Personal electronic devices, including cellphones are permitted with the use of headphones to respect those around you. There are individual shower stalls and toilets in nearby separate buildings. Cadets are required to provide their own towels and toiletries.

**Haircuts:** A barber is on-site to provide haircuts to those who require them while they are at the training centre. Haircuts are at the cost of the cadet. Appointments are not required.

**Meals:** Cadets and staff eat at the Connaught Ranges Mess Hall. Cadets and staff will go to the mess hall three times per day. The mess hall offers hot food and a salad bar with meat and vegetarian options. Cadets with food allergies must advise their home unit staff and fill out the appropriate documentation. Food allergies are not accommodated by kitchen staff unless the cadet advises the kitchen themselves. Failure to advise the training centre may result in a return to unit (the cadet being sent home) to ensure their safety and well-being.

**Mail:** Cadets and staff can receive and send mail while they are at the training centre. The mailing address is provided in the Joining Instructions. Ensure that all letters and packages are clearly labeled with the full name of the individual and training course to speed delivery. Packages containing food or other items that are not permitted in the training centre or barracks will be held in the duty centre and returned to the cadet upon out-clearance.

**Personal Support:** Being away from home can be difficult for some of our cadets. A team of youth counsellors and chaplains are available to provide support to cadets who would like someone to speak with. Additionally, these staff members teach life skills to cadets in all of our training courses. These skills include conflict resolution, teamwork, and resilience. Cadets who wish to attend religious services of any faith should speak to our team of chaplains and youth counsellors who will make arrangements in the local area. Transportation and supervision will be provided to all who wish to participate.

**Medical Services:** A cadet medical clinic is on-site and provides basic medical services and support. In the event a cadet requires medical care beyond what can be provided on-site, cadets will be taken to a local medical facility (walk-in clinic or local hospital). Ensure that prior to your arrival, you advise us of any changes in your medical condition. Medical conditions that are not disclosed in advance may result in a return to unit (the cadet being sent home) as the training centre may not be able to ensure the safety and well-being of the cadet.

**Banking:** Cadets who bring money with them to the training centre have the option to keep it in the bank. This bank is open after training hours for cadets to use at the canteen or on excursions to the local shopping mall. All money a cadet puts in the bank that is not spent will be returned to them through the out-clearance process.

**Laundry:** A laundry bag is provided to all cadets as they check-in. Laundry services are provided at the training centre. Each company is assigned two days per week where they can have their clothes washed. Clearly label all of your clothing items with your name prior to your arrival at the training centre.

**Phones:** Cadets may retain a reasonable quantity of personal electronic devices including cellphones at the owner's risk. Use of devices is restricted during training hours. WiFi is accessible to cadets. Cadets can make use of their phones or one of our pay phones to call home. Calling cards are the best option and cadets are encouraged to learn to use their calling card prior to their arrival at the training centre.



## DUTY OPERATIONS

Visitors of Connaught CTC will be checked in at the gate. The gate is staffed 24/7 during summer operations. All visitors must present government-issued photo identification.

Each company has its own duty staff. The duty staff safeguard all medications that cadets bring with them into the training centre, including any over-the-counter medications (exception of medication that is required to be carried at all times such as EpiPens, inhalers, insulin pumps, etc). Ensure that you bring enough medication to last the entire duration of your course and you have checked the expiry date on applicable medications.

