



**121 Red Arrows Squadron Royal Canadian Air Cadets**  
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**ACTIVITY PERMISSION FORM**

As the parent/guardian of a member of 121 Red Arrows Squadron your consent is required in order that your son/daughter/ward may participate in squadron activities. By signing this form you are granting the Commanding Officer or appointed staff member permission to act on your behalf in case of emergency or injury, this may include but is not limited to authority to permit medical attention or medication until such time as you can be contacted. It is the responsibility of the parent/guardian to inform the squadron of any medical reason that may inhibit participation in an activity.

<b>Activity: FTX "OP GROUNDHOG" Impeesa Scout Camp</b>			
<b>OFFICER IN CHARGE: Capt Higgins, L</b>			
<b>Permission form due:</b>	<b>26 Sep 2017</b>	<b>Pickup Time:</b>	<b>1500 HRS</b>
<b>Dates(s):</b>	<b>29 Sep – 1 Oct 2017</b>	<b>Pickup Location:</b>	<b>Guelph Armoury</b>
<b>Start Time:</b>	<b>1700 HRS</b>	<b>Dress:</b>	<b>Civilian Attire/ Olive Green</b>
<b>Departure Location:</b>	<b>Guelph Armoury</b>	<b>Meals:</b>	<b>Provided</b>
		<b>Cost:</b>	<b>NIL</b>
<b>Notes:</b>			

**\*\*\*Cadets MUST be in possession of their Health Cards or they will NOT be able to attend\*\*\***  
*(cut here and return bottom portion)*

**Activity Name: FTX "Operation GROUNDHOG" 29 Sep – 1 Oct 2017**

<b>Permission:</b> I hereby grant my permission for the cadet listed below to participate in the activity	
<b>Cadet:</b>	<b>Flight:</b>
<b>Medical Information:</b> Please advise the Squadron staff if there are any updated medical conditions or current medications that the cadet will be taking for the duration of this exercise.	
<b>Food:</b> Check if you <b>cannot</b> eat: <input type="checkbox"/> Meat <input type="checkbox"/> Pork <input type="checkbox"/> Beef <input type="checkbox"/> Cheese <input type="checkbox"/> Other  Details if other:	
Name of Parent/Guardian	Contact number during activity
Signature of Parent / Guardian	Date

## Annex G – Kit List

**\*\*PLEASE REMEMBER TO CHECK THE WEATHER PRIOR TO PACKING! It is critical that cadets bring weather appropriate attire\*\***

### CADETS SHALL BRING

#### - **Health Card**

- sweatshirt
- outdoor shoes / boots
- toque
- gloves
- warm jacket
- shirt (3)
- pants (2)
- socks (4)
- hat
- undergarments (3)
- toothbrush
- toothpaste
- hairbrush
- deodorant
- pen and paper
- prescription medication/glasses/contacts
- soap
- towel
- face cloth
- flashlight
- sunscreen
- daypack/backpack
- water bottle

### Optional:

- combat clothing (only olive green pattern)
  
- pillow

### DO NOT BRING:

- Cellphones: cadets will not have access to power / charging stations during the weekend. It is highly discouraged to bring these devices due to the rugged/potentially wet conditions.
- 2-way radios (these will be provided as required)
- Other electronic devices such as IPODS, MP3 Players, stereos, game systems, curling irons, etc.
- Jewellery
- Knives, drugs, alcohol
- Money
- Sleeping Bag / Air Mattress – these will be loaned to the cadets for the duration of the weekend