

PO	Performance Statement	Performance Requirements	Baseline Proficiency	Enhanced Proficiency
501	Citizenship	Explain Global Citizenship	Participation in class	Nonapplicable
502	Community Service	Complete PO 502 PC (approved by CO) and Community Service.	45 hours	70 hours
503	Leadership	This includes: a leadership assignment, a leadership appointment, and a leadership project.	having less than 8 components of the leadership project assessed as "incomplete" and less than 5 components assessed as "incomplete" between the leadership assignments and appointments.	Having a maximum of one "incomplete" on the leadership project and no "incomplete" on either the leadership appointment or assignment.
504	Personal Fitness and Healthy Living	Weekly Physical Fitness	Complete an average of 7 hours of PT per week over 16 consecutive weeks.	Complete an average of 7 hours of PT per week over 24 consecutive weeks.
507	Serve in an Air Cadet Squadron			
509	Instructional Techniques	Instruct a class	Allowed one "incomplete" on the assessment form.	Allowed one "incomplete" and must get 7 exceeded standard on the assessment form.
513	Personal Development	Participation in four (4) regionally facilitated workshops	Participation in four (4) regionally facilitated workshops	Nonapplicable
514	Pursue Individual Learning	Complete a personal learning activity	Develop a satisfactory ILP and carried it out. Deliver a presentation.	Nonapplicable
	Complementary Package 1	A list of complementary packages can be found in the Level 5 Journal	Complete a complementary package	Nonapplicable
	Complementary Package 2		Complete a complementary package	Nonapplicable
	Complementary Package Elemental		Complete a complementary package	Nonapplicable
530	Flight Simulator cross-country flight	These PO are not graded, level 5 cadets are to attend the classes.		
540	Reflect on Canada's contribution to Aerospace Technology			
560	Aerodrome Operations			
570	Aircraft Manufacturing and Maintenance			
590	Aircrew Survival case Study			