Rank: \_\_\_\_\_ Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mandatory Training Day Make-Up

Level – 1 Leadership

PO 103 – Participate as a Member of a Team

1. What is constructive criticism?

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1. What does it mean to admit mistakes and to learn from them?

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1. Why is it important to respect the leader and the other team members?

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1. Why is it important to be honest in a team?

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1. What does it mean to communicate clearly with others?

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1. Why must a team member assume responsibility?

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1. Why are self-esteem and confidence important factors in effective team building and leadership?

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1. How can a goal-mapping exercise be effective in planning both short-term and long-term goals?

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1. How can goal-mapping be a useful tool with respect to effective teams and leadership?

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1. List a few advantages and disadvantages of teamwork.

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1. What purpose do icebreaker activities serve?

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1. How does the exercise of practicing self-introductions emphasize the importance of communication?

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1. List two advantages and two disadvantages of working as a member of a team.

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1. Why is having a deadline so important when working as a member of a team?

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1. Why do you think the blindfold alphabet activity might be rather difficult?

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